

# Hemodialysis Vascular Access Resources

for End Stage Renal Disease (ESRD) Patients and Their Families

Resource Material/ Description	Brief Description	Media Type	To Obtain More Information	Available On-Line @
<b>AAKP Access Booklet and Patient Plan</b>	Brochure describes permanent and temporary access placements, how accesses are placed, when they are used, and strengths and limitations of each.	Booklet	American Association of Kidney Patients 1.800.749.2257	<a href="http://www.aakp.org/AccessBooklet5.pdf">http://www.aakp.org/AccessBooklet5.pdf</a>
<b>Access Management- The Native AV Fistula</b>	Keys to successful creation, maturation and maintenance of the Native AV Fistula. 10 minutes	<b>Video</b>	Medisystems Corporation P.O. Box 960 Elizabeth, CO 80107-0960 Tel: (800) 369-MEDI / (303) 646-5212	<a href="http://www.medisystems.com/">http://www.medisystems.com/</a>
<b>American Association of Kidney Patients</b>	Organization for kidney patients that provides educational material to patients about treatment options and resources	Website	3505 E Frontage Rd. Suite 315 Tampa, FL 33607 800-749-2257	<a href="http://www.aakp.org">www.aakp.org</a>
<b>BE Active Website</b>	Comprehensive management of early renal insufficiency including working with multidisciplinary team, communication, timing of access placement as it relates to CKD	Website	Ortho Biotech P.O. Box 6914 430 Rt. 22 East Bridgewater, NJ 08807-0914	<a href="http://www.beactive.com/">http://www.beactive.com/</a>
<b>Buttonhole Method of Needle Insertion into AV Fistulas</b>	Discussion of buttonhole cannulation technique for AVFs. 14:49 minutes	<b>Video</b>	University of Missouri-Columbia Dr. Zyblut Twardowski 505 E Stewart Rd Columbia, MO 65211 Phone: 573.443.1531 x 254	Contact your local ESRD Network

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<b><i>Getting the Most from Your Treatment-What You Need to Know About Your Access</i></b>	Descriptions and drawings of vascular access options. Lists complications, briefly discusses self-cannulation & buttonhole technique. Publication #: NKF-DOQI No. 112	<b>Brochure</b>	National Kidney Foundation 30 E. 33rd St. New York, NY 10016 1.800.622.9010	<a href="http://www.kidney.org/">http://www.kidney.org/</a>
<b><i>Inserting Your Own Needles</i></b>	Article written to encourage patients to cannulate themselves	<b>Handout</b>	Life Options	<a href="http://www.lifeoptions.org/patient/showcase/inserting.shtml">http://www.lifeoptions.org/patient/showcase/inserting.shtml</a>
<b><i>Introduction to Cannulation: Steps to Optimal Cannulation</i></b>	Addresses the basic concerns and techniques necessary to achieve optimal cannulation	<b>Video</b>	Medisystems Corporation P.O. Box 960 Elizabeth, CO 80107-0960 Tel: (800) 369-MEDI / (303) 646-5212	<a href="http://www.medisystems.com/">http://www.medisystems.com/</a>
<b><i>Just the Facts: Vascular Access</i></b>	Access patient education	<b>Handout</b>	Life Options	<a href="http://www.lifeoptions.org/pdfs/teachtools/vafac.pdf">http://www.lifeoptions.org/pdfs/teachtools/vafac.pdf</a>
<b><i>Kidney School Module 8: Vascular Access: A Lifeline for Dialysis</i></b>	Online teaching module for patient that discusses various vascular access options	<b>Website</b>	Kidney School/Life Options	<a href="http://www.kidneyschool.org/">http://www.kidneyschool.org/</a>
<b><i>Life Options</i></b>	Provides free materials to kidney patients about treatment options, rehabilitation, and maintaining active lifestyle	Website	Life Options Rehabilitation Program C/o The Medical Education Institute 414 D'Onofrio Dr. Suite 200 Madison, WI 53719	<a href="http://www.lifeoptions.org">www.lifeoptions.org</a>
<b><i>National Kidney Foundation</i></b>	Provides information for kidney patients about kidney disease, treatment options, and resources	Website	National Kidney Foundation 30 East 33 <sup>rd</sup> St. New York, NY 10016 1-800-622-9012	<a href="http://www.kidney.org">www.kidney.org</a>

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<b><i>NKF-DOQI Clinical Practice Guidelines for Vascular Access-Quick Reference Handbook</i></b>	Provides overview of the clinical practice guidelines for vascular access	Booklet	National Kidney Foundation Publication # NKF-DOQI No. 108 30 East 33 <sup>rd</sup> St. New York, NY 10016 1-800-622-9012	<a href="http://www.kidney.org">www.kidney.org</a>
<b><i>Reducing Rates of Vascular Access Infections in Patients Undergoing Hemodialysis</i></b>	Demonstrates techniques for initiating and discontinuing hemodialysis through all access types, as well as infection control methods to prevent or reduce access site infections.	Video	PRO-West Phone: 208.389.5046 or 1.800.488.1118 x 5046	connie@pro-west.org
<b><i>Squeeze ball Songs for Fistula Development</i></b>	Humorous songs for to sing while exercising fistulas	Handout	Life Options	<a href="http://www.lifoptions.org/patient/showcase/squeezeball.shtml">http://www.lifoptions.org/patient/showcase/squeezeball.shtml</a>
<b><i>Understanding Your Hemodialysis Access Options</i></b>	A publication for patients detailing various hemodialysis options.	Booklet	American Association of Kidney Patients 1.800.749.2257	<a href="http://www.aakp.org/AccessBooklet5.pdf">http://www.aakp.org/AccessBooklet5.pdf</a>
<b><i>Vascular Access For Hemodialysis</i></b>	Provides comprehensive information on all access types, what to expect during hemodialysis, possible complications, and taking care of your access	Booklet	NIDDK National Kidney and Urologic Diseases Information Clearinghouse 3 Information Way Bethesda, MD 20892-3580 Phone: 1-800-891-5390 or (301) 654-4415	<a href="http://kidney.niddk.nih.gov/">http://kidney.niddk.nih.gov/</a>
<b><i>Vascular Access For Hemodialysis</i></b>	Designed to introduce patients to the types of hemodialysis access available. Available in Spanish (approx. \$15.00) 15 minutes	Brochure/ Video	Southeast Kidney Council NW6. Contact Network 6 @ 1.919.855.0882. Cost approx \$20.00 with brochure	<a href="http://www.esrdnetwork6.org">www.esrdnetwork6.org</a>
<b><i>Vascular Access For Hemodialysis, Part 1-Learning About Your Vascular Access Part 2-Caring for Your Vascular Access</i></b>	Video 1 highlights importance of vein preservation pros cons of access options. How to determine most appropriate access type. Video 2 has commonly asked questions about surgery and access, preparing for the day of surgery, and post opt long-term access care.	Video	Kaiser Permanente Southern CA Vascular Access QI Committee. Cost approx. \$25. Call 1.323.259.4771. Available free from Amgen Contact: Dr. Sandy Garofolo, Senior Manager of Nephrology Professional Services	Not available on-line

For additional information, please contact FMQAI: The Florida ESRD Network at 813-383-1530 x3881.

