

## Planning Ahead for a Fistula - I

Information is provided on types of hemodialysis access, care, maintenance, and planning.

Preserve blood vessels

Title	Links	Title	Links
<i>Hemodialysis Catheters: How to Keep Yours Working Well</i>	<a href="#">CLICK HERE</a>	<i>Patients in Control (Vol. 1, No.1)</i>	<a href="#">CLICK HERE</a>
<i>How Your Access Works</i>	<a href="#">CLICK HERE</a>	<i>Kidney School Module 8</i>	<a href="#">CLICK HERE</a>
<i>Understanding Your Hemodialysis Access Options</i>	<a href="#">CLICK HERE</a>	<i>Vascular Access: A Lifeline for Dialysis</i>	
<i>Choosing Your Hemodialysis Vascular Access</i>	<a href="#">CLICK HERE</a>	<i>Understanding Your Hemodialysis Access Options</i>	<a href="#">CLICK HERE</a>
<i>Phase 1: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>	<i>Vascular Access Passport Set - 2 items</i>	<a href="#">CLICK HERE</a>
<i>Kidney School Module 8</i>	<a href="#">CLICK HERE</a>		<a href="#">CLICK HERE</a>
<i>Phase 2: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>	Dealing with emotions, fears, grief and loss	
		Title	Links
<i>Just the Facts: Vascular Access</i>	<a href="#">CLICK HERE</a>	<i>Phase 1: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Access Options for Dialysis</i>	<a href="#">CLICK HERE</a>	<i>Kidney School Module 8</i>	<a href="#">CLICK HERE</a>
<i>Patients in Control (Vol. 1: Fistulas)</i>	<a href="#">CLICK HERE</a>	<i>Vascular Access: A Lifeline for Dialysis</i>	
<i>Putting "U" in Fistula</i>	<a href="#">CLICK HERE</a>	<i>Phase 2: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Maintaining Your Lifeline</i>	<a href="#">CLICK HERE</a>	<i>Phase 3: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Frequently Asked Questions about Fistulas</i>	<a href="#">CLICK HERE</a>	<i>Patients in Control (Vol. 1: Fistulas)</i>	<a href="#">CLICK HERE</a>
<i>Conquering Your Fistula Fear</i>	<a href="#">CLICK HERE</a>	<i>Putting "U" in Fistula</i>	<a href="#">CLICK HERE</a>
<i>Vascular Access Education</i>	<a href="#">CLICK HERE</a>	<i>Frequently Asked Questions about Fistulas</i>	<a href="#">CLICK HERE</a>
<i>Patient Experiences</i>	<a href="#">CLICK HERE</a>	<i>Ease the Ouch</i>	<a href="#">CLICK HERE</a>
<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#">CLICK HERE</a>	<i>Conquering Your Fistula Fear</i>	<a href="#">CLICK HERE</a>
		<i>Conquering Needle Fear</i>	<a href="#">CLICK HERE</a>

## Preparing for a Fistula - II.

### Choosing a Qualified Surgeon

Title	Links
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*Choosing Your Hemodialysis Vascular Access* [CLICK HERE](#)

Kidney School Module 8 [CLICK HERE](#)

*Vascular Access: A Lifeline for Dialysis*

*Patients in Control (Vol. 1: Fistulas)* [CLICK HERE](#)

### Self-advocating for a fistula.

Title	Links
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*Understanding Your Hemodialysis Access Options* [CLICK HERE](#)

*Choosing Your Hemodialysis Vascular Access* [CLICK HERE](#)

Kidney School Module 8 [CLICK HERE](#)

*Vascular Access: A Lifeline for Dialysis*

*Patients in Control (Vol. 1: Fistulas)* [CLICK HERE](#)

*Frequently Asked Questions about Fistulas* [CLICK HERE](#)

*Conquering Your Fistula Fear* [CLICK HERE](#)

*Navigating the Vascular SEAS - Self-Assessment of Access, Simplified* [CLICK HERE](#)

### Ask for vessel mapping.

Title	Links
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*Choosing Your Hemodialysis Vascular Access* [CLICK HERE](#)

Kidney School Module 8 [CLICK HERE](#)

*Vascular Access: A Lifeline for Dialysis*

*Patients in Control (Vol. 1: Fistulas)* [CLICK HERE](#)

*Doppler Imaging & Vessel Mapping* [CLICK HERE](#)

*Frequently Asked Questions about Fistulas* [CLICK HERE](#)

*Putting "U" in Fistula* [CLICK HERE](#)

## Creating a Fistula - III.

### Preoperative Preparation

Title	Links
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*Caring for & Developing Your New Fistula: What You Should Know* [CLICK HERE](#)

Kidney School Module 8 [CLICK HERE](#)

*Vascular Access: A Lifeline for Dialysis*

*Phase 2: AAKP Patient Plan* [CLICK HERE](#)

*Patients in Control (Vol. 1: Fistulas)* [CLICK HERE](#)

*Putting "U" in Fistula* [CLICK HERE](#)

*Maintaining Your Lifeline* [CLICK HERE](#)

*Conquering Your Fistula Fear* [CLICK HERE](#)

### Procedure (different types)

Title	Links
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*Phase 2: AAKP Patient Plan* [CLICK HERE](#)

*Frequently Asked Questions about Fistulas* [CLICK HERE](#)

*Navigating the Vascular SEAS - Self-Assessment of Access, Simplified* [CLICK HERE](#)

### Anesthesia

Title	Links
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*Just the Facts: Vascular Access* [CLICK HERE](#)

*Maintaining Your Lifeline* [CLICK HERE](#)

### Post Placement Discomfort / Pain

Title	Links
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*Just the Facts: Vascular Access* [CLICK HERE](#)

*Putting "U" in Fistula* [CLICK HERE](#)

*Maintaining Your Lifeline* [CLICK HERE](#)

## Fistula After-Care and Monitoring - IV.

Post-Op Care		Checking for fistula problems (thrill/bruit, stenosis, clotting, infection)	
Title	Links	Title	Links
<i>Caring for &amp; Developing Your New Fistula: What You Should Know</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Caring for &amp; Developing Your New Fistula: What You Should Know</i>	<a href="#"><u>CLICK HERE</u></a>
<i>How Your Access Works</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Understanding Your Hemodialysis Access Options</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Understanding Your Hemodialysis Access Options</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Choosing Your Hemodialysis Vascular Access</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Choosing Your Hemodialysis Vascular Access</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Phase 1: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Phase 1: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Kidney School Module 8</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Kidney School Module 8</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Vascular Access: A Lifeline for Dialysis</i>	
<i>Vascular Access: A Lifeline for Dialysis</i>		<i>Phase 2: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Phase 2: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Just the Facts: Vascular Access</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Just the Facts: Vascular Access</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Phase 3: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Phase 3: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Access Options for Dialysis</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Putting "U" in Fistula</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Putting "U" in Fistula</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Maintaining Your Lifeline</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Maintaining Your Lifeline</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Frequently Asked Questions about Fistulas</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Vascular Access Passport Set</i>	<a href="#"><u>CLICK HERE</u></a>
			<a href="#"><u>CLICK HERE</u></a>
Know Your Access Plan			
Title	Links		
<i>Phase 3: AAKP Patient Plan</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Patients in Control (Vol. 1: Fistulas)</i>	<a href="#"><u>CLICK HERE</u></a>	<i>Fistula Complications: Stenosis &amp; Thrombosis</i>	<a href="#"><u>CLICK HERE</u></a>
<i>Access Care - Pocket Guide</i>	<a href="#"><u>CLICK HERE</u></a>		
<i>Vascular Access Passport Set- 2 items</i>	<a href="#"><u>CLICK HERE</u></a>		
	<a href="#"><u>CLICK HERE</u></a>		

## Fistula After-Care & Monitoring - IV.

Fistula complications (steal syndrome, access failure/revision, infection, clotting,etc)

Title	Links
Kidney School Module 8 <i>Vascular Access: A Lifeline for Dialysis</i>	<a href="#">CLICK HERE</a>
<i>Phase 2: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Phase 3: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Fistula Complications: Stenosis &amp; Thrombosis</i>	<a href="#">CLICK HERE</a>
<i>Maintaining Your Lifeline</i>	<a href="#">CLICK HERE</a>
<i>Vascular Access Passport Set -2 items</i>	<a href="#">CLICK HERE</a> <a href="#">CLICK HERE</a>
<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#">CLICK HERE</a>

Other related issues: time off from work, mobility, etc.

Title	Links
<i>Phase 2: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Phase 3: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>

Your Body Image (scarring, appearance, questions)

Title	Links
<i>Phase 1: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
Kidney School Module 8 <i>Vascular Access: A Lifeline for Dialysis</i>	<a href="#">CLICK HERE</a>
<i>Phase 2: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Phase 3: AAKP Patient Plan</i>	<a href="#">CLICK HERE</a>
<i>Frequently Asked Questions about Fistulas</i>	<a href="#">CLICK HERE</a>
<i>Conquering Your Fistula Fear</i>	<a href="#">CLICK HERE</a>

## Using a Fistula - V.

What to expect at dialysis (first and subsequent cannulation)		Self-cannulation: what, why and how (standard, buttonhole technique)	
Title	Links	Title	Links
<i>How Your Access Works</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Understanding Your Hemodialysis Access Options</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Phase 1: AAKP Patient Plan</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Kidney School Module 8</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Kidney School Module 8 Vascular Access: A Lifeline for Dialysis</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Vascular Access: A Lifeline for Dialysis</i>	
<i>Phase 2: AAKP Patient Plan</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Using the Buttonhole Technique for Your AV Fistula</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Patients in Control (Vol. 1: Fistulas)</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Patients in Control (Vol. 1: Fistulas)</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Maintaining Your Lifeline</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Putting "U" in Fistula</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Conquering Needle Fear</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#"><b>CLICK HERE</b></a>		

When putting in needles goes wrong (infiltration, site rotation, needle direction, etc.)		Monitoring at the dialysis facility	
Title	Links	Title	Links
<i>Kidney School Module 8 Vascular Access: A Lifeline for Dialysis</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Phase 2: AAKP Patient Plan</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Putting "U" in Fistula</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Just the Facts: Vascular Access</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Maintaining Your Lifeline</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Putting "U" in Fistula</i>	<a href="#"><b>CLICK HERE</b></a>
<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#"><b>CLICK HERE</b></a>	<i>Maintaining Your Lifeline</i>	<a href="#"><b>CLICK HERE</b></a>
		<i>Navigating the Vascular SEAS - Self-Assessment of Access, Simplified</i>	<a href="#"><b>CLICK HERE</b></a>

## Fistula First Beneficiary Education Task Force Materials

Materials and additional information available through the following organizations:

Web Address	Organization	Toll-free Number
<a href="http://www.aakp.org">www.aakp.org</a>	American Association of Kidney Patients	800-749-2257
<a href="http://www.esrdnetworks.org">www.esrdnetworks.org</a>	Forum of ESRD Networks	804-794-2586
<a href="http://www.kidney.org">www.kidney.org</a>	National Kidney Foundation	800-622-9010
<a href="http://www.kidneyschool.org">www.kidneyschool.org</a>	Medical Education Institute	608-833-8033
<a href="http://www.lifeoptions.org">www.lifeoptions.org</a>	Medical Education Institute	608-833-8033
<a href="http://www.network12.org">www.network12.org</a>	ESRD Network #12	800-444-9965
<a href="http://www.networkofnewengland.org">www.networkofnewengland.org</a>	Network of New England	866-286-3773
<a href="http://www.therenalnetwork.org">www.therenalnetwork.org</a>	The Renal Network	800-456-6919