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# Florida Kidney Disaster Coalition

## Pandemic Influenza

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FEBRUARY 15

Conditions for Coverage require that facilities have a pandemic influenza plan!

2009 H1N1 (sometimes called “swine flu”) is a new influenza virus causing illness in people. This virus is spreading from person-to-person worldwide, probably in much the same way that regular seasonal influenza viruses spread. Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.

The symptoms of 2009 H1N1 flu virus in people include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may have vomiting and diarrhea. People may be infected with the flu, including 2009 H1N1, and have respiratory symptoms without a fever. Severe illnesses and deaths have occurred as a result of illness associated with this virus.

### Take everyday actions to stay healthy!

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread that way.
- Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- Stay informed. Check information at [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu) or call 1-800-CDC-INFO for more information.

### **REMEMBER!**

- Wash hands often; cough into a sleeve or tissue.
- Stay home until 24 hours after a fever ends.
- Get vaccinated against both seasonal flu, and H1N1 if recommended.

*You can download a pandemic planning checklist for your facility at:*

<http://www.kcercoalition.com/pdf/pandemicchecklist.pdf>

*And don't forget patient education! Download patient information for pandemics at:*

<http://www.kcercoalition.com/pdf/PANDEMICFLUPLANNINGCHECKLIST2.pdf>

#### VISION STATEMENT

The Florida Kidney Disaster Coalition is the model disaster planning and readiness organization for kidney patients by collaborating with community partners to ensure timely access to quality care.

#### MISSION STATEMENT

To establish and facilitate partnerships that provide a framework for disaster readiness and continuity of care for the renal community.