

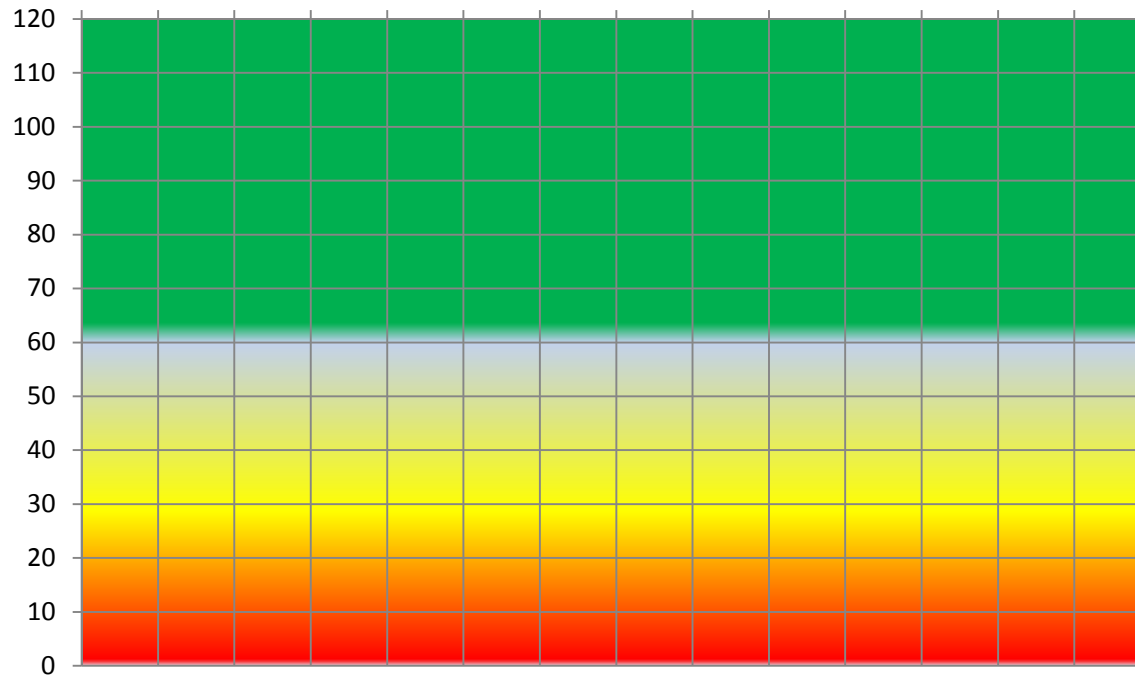
THE CKD CONNECTION



eGFR

Patient: _____

Date: _____



Annual Microalbumin Urine Screen

<30 mg/G in green
>30 mg/G in red

ACEs & ARBs
First arm therapy

Normal

→ **Stage II with mild ↓ in GFR**
Estimating progression
Identify risk factors

→ **Stage III**
Evaluation & Treatment
Referral to Nephrologist

CKD

→ **Stage IV**
Preparation for kidney
replacement therapy

ESRD

→ **Stage V**
Renal placement as
symptoms progress



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Physician Office: _____

Using the eGFR Trending Tool

Tools Needed:

1. GFR calculator, 2. Current lab work with serum creatine values, 3. eGFR Trending tool, 4. NKDEP "*How well are your kidneys working?*" patient educational handout, and 5. An RPA kidney report card.

Instructions -- Medical Assistant or Nurse

1. Begin by rooming the patient, getting vitals, etc..
2. Pull latest lab report. Locate the serum creatinine value and calculate patient's GFR.
3. Plot GFR result onto eGFR Trending tool in the patient's chart.
4. Enter date of visit and GFR result onto to the NKDEP "*How well are your kidneys working?*"
5. Place handout into the patient folder for physician's attention.

Instructions -- Physician

1. Review consult sheet/chart, eGFR trending tool.
2. Pull/remove the NKDEP "*How well are your kidneys working?*" patient educational handout for discussion with patient.
3. Discuss relevant issues and treat accordingly (may order ACEIs or ARBs, discuss lifestyle changes, blood pressure issues, diabetes, etc.)
4. Refer, when appropriate, patient with evidence of kidney disease (GFR falls below 30 ml/minute -- Stage 4 CKD -- for nondiabetics or below 60 ml/minute -- Stage 3 CKD-- for diabetics) to a Nephrologist.