

## PATIENT DISASTER “TO DO” CHECKLIST

- Learn your dialysis facility’s emergency policies / procedures
- Update your emergency contact information with your dialysis facility
- Give your facility your out-of-area contact numbers (if able)
- Get a copy of the emergency diet for dialysis patients, also called the three-day disaster diet
- Ask how to take care of your vascular access during a disaster
- Update your medicine / allergies list
- Get an emergency supply list from your dialysis unit (if available)
- Gather all emergency supplies in one area or large box
- Put all important personal papers together, like insurance and medical records
- Plan for back-up transportation to dialysis
- Get a list of dialysis facilities in your area
- Learn which evacuation zone your home is in
- Create a personal evacuation plan and practice your plan
- Learn where emergency shelters are located and find out how to register for special needs shelters
- Ask your facility who you should contact during disasters
- Write down and keep emergency contact numbers with you
- Ask your facility what to do if telephones are not working

### Resources

- **FMQAI: The Florida ESRD Network** <http://fmqai.com/ESRD/> or 800-826-3773
- **Preparing for Emergencies: A Guide for People on Dialysis** (CMS) in English and Spanish: <http://www.kcercoalition.com/resources.htm>
- **Dialysis Facility Compare** [www.medicare.gov/Dialysis/Home.asp](http://www.medicare.gov/Dialysis/Home.asp)
- **ANNA’s Peritoneal Dialysis Travel Tool Box © 2004**  
<http://www.kcercoalition.com/pdf/pdToolbox.pdf>
- **Florida Division of Emergency Management** – to find your local emergency management office and prepare a personal disaster plan, including evacuation zones and pet plans [www.floridadisaster.org](http://www.floridadisaster.org) or call 850-413-9969; or during a disaster, 800-342-3557
- **Florida Statewide Shelter and Road Conditions Databases** [www.eoconline.org](http://www.eoconline.org); or for live traffic information call 511