



PATIENT DISASTER "TO DO" LIST

- Learn your dialysis facility's emergency policies / procedures
- Update your emergency contact information
- Give your facility your out-of-state contact numbers (if able)
- Get a copy of the emergency diet for dialysis patients
- Ask about care of your vascular access during a disaster
- Update your medicine / allergies list
- Get an emergency supply list from your dialysis unit (if available)
- Read local Emergency Operation Center supply list
- Gather all emergency supplies
- Put all important personal papers together
- Plan for back-up transportation to dialysis
- Get a list of dialysis facilities in the area
- Learn which evacuation zone your home is in
- Create a personal evacuation plan
- Learn where emergency shelters are located
- Ask your facility whom to contact during disasters
- Write down / keep emergency contact numbers
- Ask your facility what to do if phones down

Resources

- Preparing for Emergencies: A Guide for People on Dialysis (CMS) – available in English and Spanish www.fmqai.com/ESRD/esrd.htm
- PD Travel “Tool Box” www.annanurse.org
- FMQAI: The Florida ESRD Network www.fmqai.com/ESRD/esrd.htm or 800-826-3773
- Dialysis Facility Compare www.medicare.gov
- Florida Division of Emergency Management www.floridadisaster.org or 800-342-3557
- Centers for Disease Control and Prevention (Hurricane information in Spanish and other languages)
<http://www.bt.cdc.gov/disasters/hurricanes/index.asp>